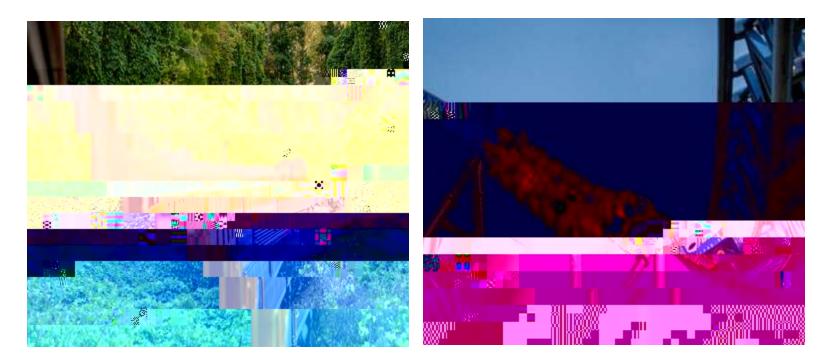
Experiences in Using Design Thinking with the Durham Ontario Health Team

Nisha Benny, OT Reg. (Ont.), MPH Institute of Health Policy, Management and Evaluation - University of Toronto November 23rd, 2023

Agenda

OHT Impact Fellowship Leading Project Background Planning for Action Mode Facilitating Change Using Design Thinking Current Status of Project

OHT Impact Fellowship



OHT Impact Fellowship - Project Background

a way for the OHT to demonstrate how we can modernize community and home-based care Durham OHT proposal was chosen as a Leading Project A high-needs building in Durham Region (Building X) was identified as an initial site to test a proposed integrated model of care Developmental evaluation methodology

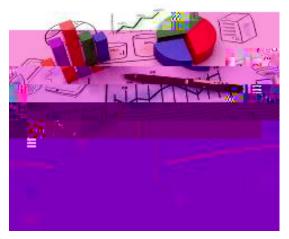
Getting to Know the Field and People

Reading literature Gathering data Meeting mentors Presentations Joining various groups Meeting with OHT coaches



Planning for Action Mode

Leading Project second proposal submission Submitted a planning phase evaluation for the project to Ontario Health. Brief comparative analysis of initial assessment tools Project management tools



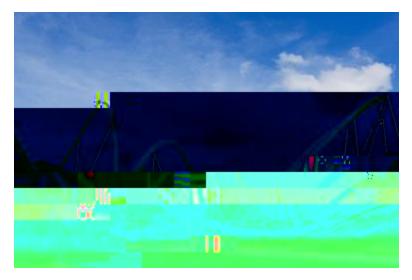
The Pause



Facilitating Change Using Design Thinking Tools

Getting on a New Roller Coaster

Using Design Thinking tools Created interview scripts and questions



Developmental Evaluation Methodology: Appreciative Inquiry



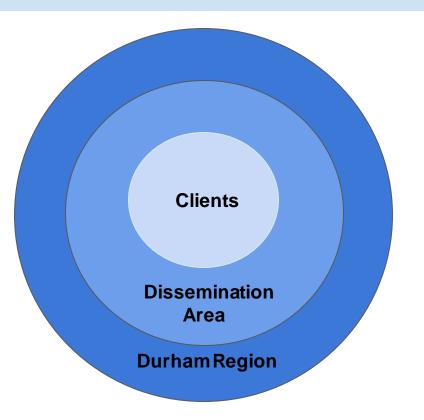
1. What are the pain points service providers are facing in providing home and community care at Building X?

1.

Define:

Clients Home care Database 911 calls Dissemination Area Statistics Canada OHT Data Dashboard Durham Region Data from Durham Region

Project



Discover:

11 service providers
Virtual interviews conducted between Nov 2022 Dec 2022
Interview script created with team consultation
13 open-ended questions

Discover: Insights from Thick Data

Discovered unique issues related to Building X

Began to understand areas where we can make changes first based on feasibility

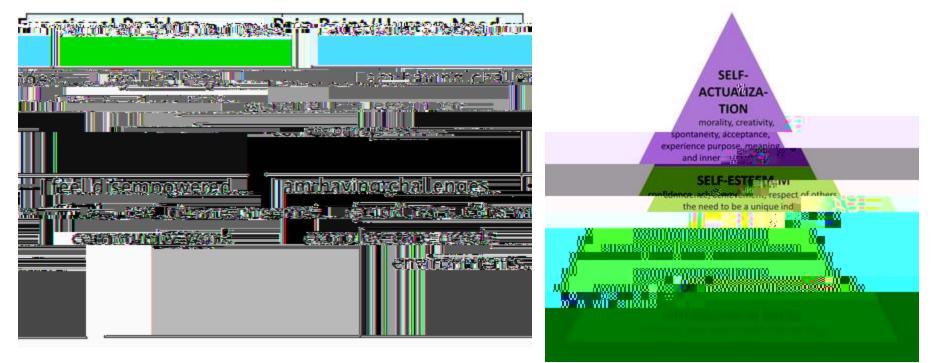
Learned about processes that were working well within Building X Created a visual ecosystem mapping of current connections and strength of connections between OHT partners

Discover: Ecosystem Mapping

Ecosystem Mapping of OHT Partners Working at Building X



Discover: Reframing Problems

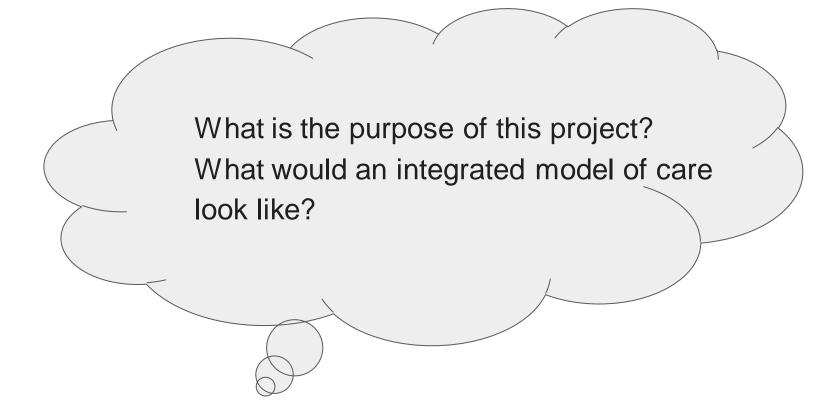


(Mcleod, 2023)

Discover:

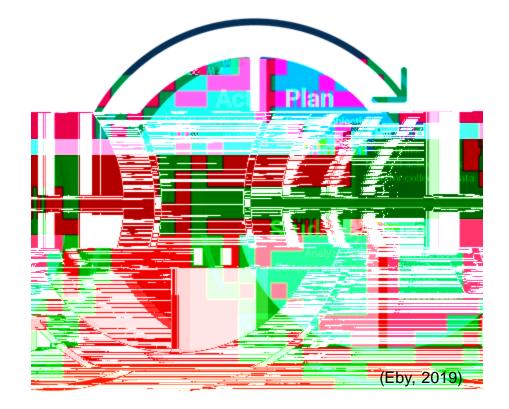
How might we, Durham OHT, connect service providers at Building X to ensure they feel part of a team?

Dream: Vision Building



Design: What Can We Do Better?

Deliver: Actionable Next Steps



Current Status of Leading Project at the Durham OHT

Cathy Slevin, OT Reg. (Ont.), MHA Director, Regional Program, Lakeridge Health November 23rd, 2023

Leading Project Current Status

One Care Team ongoing collaboration

Pathways developed

Development of implementation plan

Resident Health and Social Care Resource Fair

Supports and programs launched at the building

Continued collaboration with OH for milestones and deliverables

Health and Social Care Resource Fair

PARTNERS:

Alzheimer Society Durham

Region

Community Care Durham

Regional Municipality of Durham

Community Paramedicine

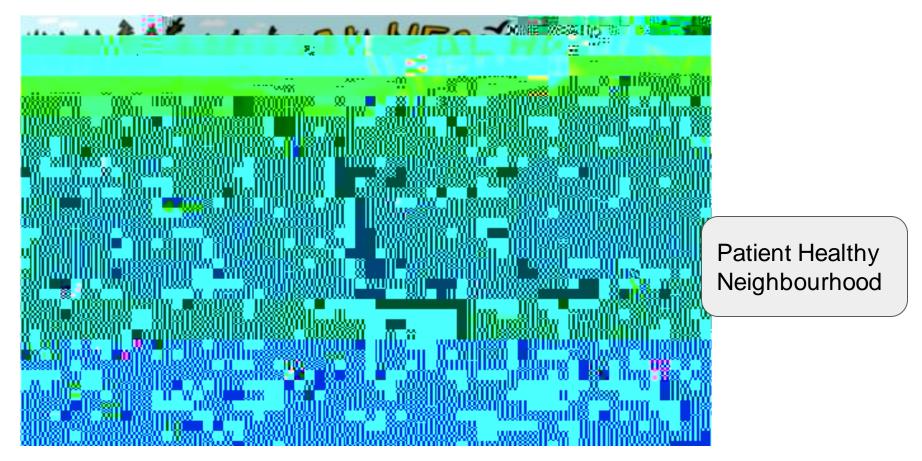
LTC and Services for Seniors

Durham Community Health

Centre

Durham Mental Health Services(Lakeridge)Durham Legal ServicesDurham OHTHome And Community CareSupport Services (Central East)Victoria Order of Nurses (VON)

Future of OHT





Eby, K. (2019). *The Essential Guide to PDSA: Models, Worksheets, and Templates.* https://www.smartsheet.com/content/plan-do-study-act-guide

Mcleod, S. (2023). Simply Psychology. https://www.simplypsychology.org/maslow.html

Patton, M. (2010). *Developmental Evaluation. Apply Complexity Concepts to Enhance Innovation and Use.* Guilford Publications.

