

## **Support for Ontario Health Teams in Caring for Older Adults: Full Application Stage**

The need for an authentic focus on the goals and aspirations of older people living with frailty (or at risk of frailty) is especially important as health service providers work towards a new model of service delivery as part of an Ontario Health Team (OHT). Older adults living with frailty or at risk of frailty require a specialized, senior-friendly approach to care across the healthcare continuum in order to meet their unique needs. The Regional Geriatric Programs of Ontario are pleased to offer their support as a strategic partner in achieving this goal.

**For OHTs planning to optimize the care of older adults living with or at risk of frailty, our evidence-based resources help meet the following requirements in the [OHT Full Application](#).**

OHTs will need to ensure that specialized geriatric services are available and that a core minimum of cross-sectoral services are provided. Specialized geriatric services are delivered across the continuum of care by interprofessional staff who are uniquely knowledgeable about providing care for older adults. The Regional Geriatric Programs of Ontario have developed standards for the delivery of specialized geriatric services,

## Section 3: How will you transform care?

3.3. How do you propose to provide care coordination and system navigation services?

3.5. How will you support patients (and caregivers) to be active participants in managing their own health and health care?

OHTs will benefit from having an organizational focus on education for staff, older adults, and caregivers, in order to improve patient self management and/or health literacy.

### Education and Patient Resources



Please connect with  
your local Regional  
Geriatric Program for  
support.

[Click here to find your  
local Regional Geriatric  
Program](#)

